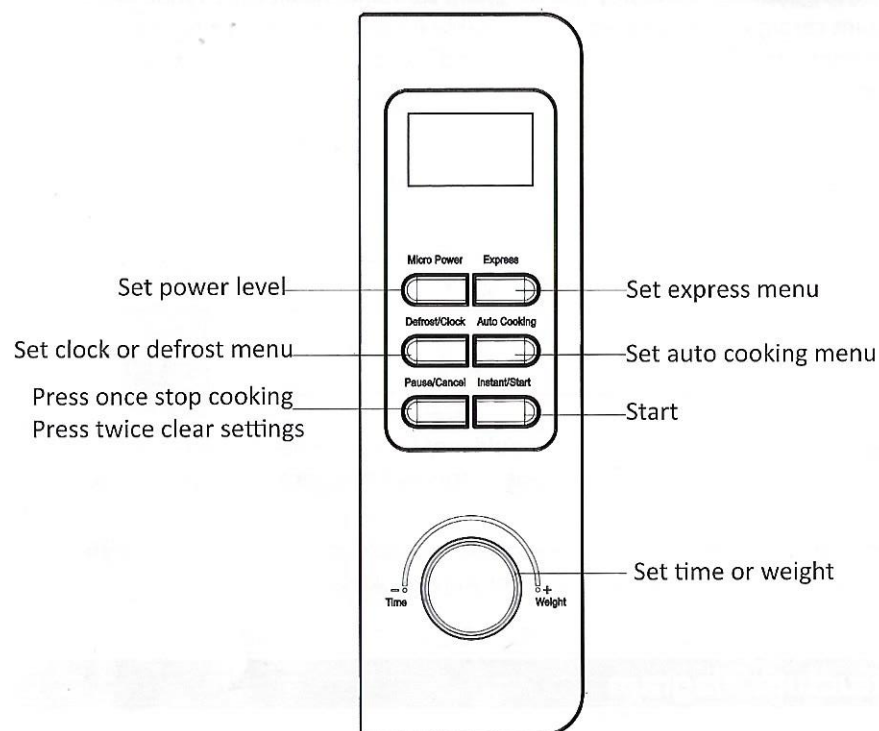


## Control panel



## First use of microwave oven

There may be some manufacturing residue or lubricants in the oven cavity or heating element, which may smell or even produce a slight smoke. It is normal and would cease after several times of use. Keep a door or window open to ensure good ventilation. It is strongly recommended to place a cup of water on the turntable and operate in high power for few minutes.

## Function and operation method

The LED flashes 3 times when plugged in mains socket. Then ":" flashes prompting you to input the cooking menu and time.

## Auto reminder

When microwave operation has finished, the LED display will show **End** and three beeps sound prompting you to remove your food. If **Pause/Cancel** button was not pressed or door was not opened, beep sound at a 3 minutes interval.

## Clock setting

Please see below steps to set the time on the display

For example: to set 12:30		
	Steps	Display
1	After power-up, the colon flashes.	1:00
2	Press and hold <b>Defrost/ Clock</b> button for 3 seconds.	1:00
3	Turn <b>Time/Weight</b> knob to set exact hours.	12:00
4	Press <b>Defrost/ Clock</b> button once again.	12:00
5	Turn <b>Time/Weight</b> knob to set exact minutes.	12:30
6	Press <b>Defrost/ Clock</b> button once again or wait for 60 seconds, and the numbers will go steadily.	

## Microwave cooking

To cook/heat food, press **Micro Power** button, the follow LED cycles will be displayed, 100P – 80P – 60P – 40P – 20P

<b>High power</b>	<b>100P-100% microwave power.</b> Applicable for quick and thorough cooking
<b>Medium High power</b>	<b>80P-80% microwave power.</b> Applicable for medium express cooking
<b>Medium power</b>	<b>60P-60% microwave power.</b> Applicable for steaming food
<b>Medium Low power</b>	<b>40P-40% microwave power.</b> Applicable for defrosting food
<b>Low power</b>	<b>20P-20% microwave power.</b> Applicable for keeping warm

### NOTE:

- The maximum time can be set is 60 minutes.
- Never operate the oven empty.

- If you pause the operation open door to stir/turn food, press **Instant/Start** button once after door close and cooking will continue.
- To terminate operation, press **Pause/Cancel** once to stop cooking, press again to clear setting.

For example: to cook at P80 for 10 minutes		
		Display
1	Select the desired microwave power by pressing <b>Micro Power</b> button consecutively.	80P
2	Set cooking time by turning <b>Time/Weight</b> knob.	10:00
3	Press <b>Instant/Start</b> button and LED will count down to show running time.	

## Express

Press **Express** button LED display will cycle to show 0:30, 1:00, 1:30.

This function will allow you to heat a cup of water or beverage conveniently, omitting the steps of setting time. Choose the proper time depending on the beverage capacity.

For example: to cook with express for 1 minute		
		Display
1	Press <b>Express</b> button consecutively to select desired menu.	1:00
2	Start cooking by pressing <b>Instant/Start</b> button.	

## Defrost

To defrost food, press **Defrost/Clock** button and the LED display will show d.1-d.2-d.3.

d.1	For defrosting meat, the weight range from 0.1 to 2.0 kg.
d.2	For defrosting poultry, the weight range from 0.2 to 3.0kg.
d.3	For defrosting seafood, the weight range from 0.1 to 0.9kg.

## IMPORTANT

- It is necessary to turn over the food during operation to obtain uniform effect.
- Usually defrosting will need longer time than that of cooking the food.
- If the food can be cut by knife, the defrosting process can be considered completed.
- Microwave penetrates around 4cm into most food.
- Defrosted food should be consumed as soon as possible, it is not advised to put back to fridge and freeze again.

For example: to defrost 0.4kg poultry		
		Display
1	Press <b>Defrost/Clock</b> button to consecutively set the food kind.	d.2
2	Turn <b>Time/Weight</b> knob to set defrost weight.	0.4
3	Press <b>Instant/Start</b> to begin defrost.	
4	In half way during defrosting 3 short, consecutive beeping will sound twice to prompt you turn over the food. Press <b>Pause/Cancel</b> button. Open the door and turn over the food. Close the door, press <b>Instant/Start</b> button once to continue defrosting.	

## Auto cooking programs

The oven has default cooking programs for simple operation. When the colon LED is flashing, press **Auto cooking** and LED will show A.1 through A.8. Choose the appropriate program according to the food type and weight. Strictly observe the directions in below table, otherwise the cooking effect will be largely influenced.

Display	Kind	Method
A.1	Popcorn	Suitable for popping a bag of corn, which is available in the market, weighted 0.1kg.
A.2	Reheat	Reheat food weighted 0.2-1.0kg.
A.3	Beverage	Heating 1-3 cup of liquid. The liquid temperature is about 5-10°C. Use a big mouth cup and do not seal
A.4	Pizza	Warm 1-2 pieces of chilled pizza.
A.5	Potato	Cooking the potato strips, cut into 5mm width and height, length. Total weight is about 0.45 or 0.65kg. Place the strips on a large dish and cover the dish with a thin film to prevent water loss.
A.6	Vegetable	Five weight options are available. (0.1, 0.2-----0.5Kg)
A.7	Meat	Five weight options are available. (0.1, 0.2-----0.5Kg)
A.8	Fish	Five weight options are available. (0.1, 0.2-----0.5Kg)

### CAUTION

- a. The temperature of food before cooking would be 20-25°C.  
Higher or lower temperature of the food before cooking would require increase or decrease of cooking time.
- b. The temperature, weight and shape of food will largely influence the cooking effect. If any deviation has been found to the factor noted in above

menu, you can adjust the cooking time for best result.

For example: Steam 0.5 kg fish		
		Display
1	Press <b>Auto Cooking</b> button to set the cooking menu.	A.8
2	Turn <b>Time/Weight</b> knob to set the set weight.	0.5
3	Start cooking by pressing <b>Instant/Start</b> button, and LED will count down to show running time.	

### Delay starting

If you do not want cooking start immediately, you can set the cooking program and starting time. Cooking will start automatically at your preset time.

For example: Now it is 12:30 clock, if you hope that the microwave oven will automatically start cooking with 100P microwave power for 9 minutes and 30 seconds at 14:20		
		Display
1	Set the cooking menu and time.	
1.1	Select cooking power by pressing <b>Micro Power</b> button.	100P
1.2	Turn <b>Time/Weight</b> knob to set cooking time.	9:30
1.3	Press and hold <b>Defrost/Clock</b> button for 3 seconds to return to current clock.	
2	Set the time you expect to start cooking.	
3	Press <b>Defrost/Clock</b> button to confirm the delayed menu. Now the program has been activated and the clock symbol will be flashed. And the menu will be started at 14:20.	
4	You may check the preset starting time by pressing <b>Defrost/Clock</b> button.	

**Caution:**

- **Micro Power, Defrost/Clock, Express, Auto Cooking and Instant/Start** buttons are inactivated after setting Delay starting function. Press **Pause/Cancel** to cancel Delay starting function.

## Sequential cooking

To obtain best cooking result, some recipes require different cooking programs and times. You may set your personalized program as follow:

For example: You want to cook food with 100P microwave power for 3 minutes, and follow by 20P for 9 minutes. This is a 2-sequence program.		
		Display
1	100P microwave power for 3 minutes.	
1.1	Press <b>Micro Power</b> button to select cooking power.	<b>100P</b>
1.2	Turn <b>Time/Weight</b> knob to set cooking time.	<b>3:00</b>
2	20P for 9 minutes.	
2.1	Press <b>Micro Power</b> button to select cooking power.	<b>20P</b>
2.2	Turn <b>Time/Weight</b> knob to set cooking time.	<b>9:00</b>
3	Press <b>Instant/Start</b> button to start sequential cooking.	

**Caution:**

- When first stage cooking is finished, microwave oven will begin next stage cooking automatically.
- Maximum 4 programs in a sequence can be set each time.

## Child lock function

To activate the child lock function press and hold **Pause/Cancel** button for 3 seconds. The LED display will turn off. To deactivate (unlock), press and hold **Pause/Cancel** button for 3 seconds.

## Cooking tips

1. The following factors may affect the cooking result:

### Food arrangement

- Place thicker area towards outside of dish, the thinner part towards the centre and spread it evenly. Do not overlap if possible.

### Cooking time length

- Start cooking with a short time setting, evaluate after it times out and extend it according to the actual need. Over cooking may result in smoke and burns.

### Cooking food evenly

- Food such as chicken, hamburger or steak should be turned once during cooking.
- Depending on the type of food, if applicable, stir it from outside to centre of dish once or twice during cooking.

### Allow standing time

- After cooking times out, leave the food in the oven for a adequate length of time, this allows it to complete its cooking cycle and cooling it down in a gradual manner.

2. Appearance of food help to determine whether the food is done, these include:

- Steam coming out from all parts of food, not just from the edge;
- Joints of poultry can be moved easily;
- Port of poultry shows no sign of blood;
- Fish is opaque and can be sliced easily with a fork.

3. Browning dish

When using a browning dish or self-heating container, always place a heat-